

North of Scotland Championships 2024 & Supporting Events

Saturday 12th and Sunday 13th October

Saturday - Inverness Leisure Centre, Bught Lane, Inverness, IV3 5SS

Sunday - Inverness High School, Montague Row, Inverness, IV3 5DZ

RSOBHD rules - Registration A5

SATURDAY 12th

Arrive 8.30am	Start 9am	
Intermediate	Age groups according to entry	Dances 1,2,3,4,5&6
Pre-championships	8, 9, 10, 11, 12, 13, 14, 15, Adults	Dances 1,2,3,4,5&6
Arrive 11am	Start 11.30am	
Open Championship	9yrs,10yrs,11yrs	Dances 1,2,3,12,5&6
Open Championship	16yrs, 17yrs, 18yrs & over	Dances 9,10,11,12, 5&6
Arrive 2pm	Start 14.30pm	
Open Championship	12yrs, 13yrs 14yrs,15yrs	Dances 9,10,11,12, 5&6

Sunday 13th

Arrive 9am	Start 9.30am	
Confined Championship	11yrs & under	Dances 1, 2, 3, 12
Confined Championship	12-15yrs, 16yrs & over	Dances 9, 10, 11, 12
Arrive 10am	Start 10.30am	
Primary	4yrs, 5yrs, 6yrs	Dances 13, 14, 1, 2
Arrive 12.30pm	Start 1pm	
Beginners	Age groups according to entry	Dances 1, 2, 3, 4, 7 8
Novice	Age groups according to entry	Dances 1, 2, 3, 4, 7, 8

Steps for both Open and Confined Championship as set by RSOBHD for 2024.

1. Highland Fling (4)	2. Sword Dance (2&1)
3. Seann Truibhas (3&1)	4. Half Tulloch
5. Barracks Johnny (4)	6. Highland Laddie (4)
7. Flora (4)	8. Lilt (4)
9. Highland Fling (6)	10. Sword Dance (3&1)
11. Seann Truibhas (4&2)	12. Full Reel
13. Pas De Basques (16)	14. Pas De Basques & Highcuts (4times)

Confined Championship - open to competitors who are resident or born in the following areas – Inverness-shire, Skye and Lochalsh, or Ross-shire, Caithness & Sutherland. Competitors must state when entering the Confined Championship whether they are entering under North of Scotland or Inverness-shire and this will be taken by the organiser as confirmation that they have not danced within a confined event in another area during the competitive year.

Inverness-shire and North of Scotland representatives for the 2025 SCOTTISH AREA FINALS in Oban will be selected from this Championship.

All dancing events will operate under the rules of the RSOBHD.
All Competitors must be registered under the RSOBHD Registration Scheme and registration cards MUST be produced before dancing.
All competitors must be prepared to dance another Reel at the end of a section.
The Organiser reserves the right to adjust the age groups according to entry.
The Organiser accepts NO responsibility for injury or loss of property.
Judge's decision is final.
All current Covid Guidelines should be followed by competitors and parents/guardians.
Participants should not attend the event if they are displaying any symptoms of Covid.

Entry fees

Primary, Beginners, Novice and Intermediate £3 per dance + £5 for 1 adult entry
Pre-championship Highland £20, Nationals £3 per dance.
Championship/Confined Championship £25, Nationals £3 per dance.
These fees include pre-paid entry for one person with each dancer. If a dancer is dancing in more than one session in a day, they do not need to pay an adult entry for the second session.
If dancers are doing Open Championships and Confined Championships, reduced entry of £40.

Entries online: <https://forms.office.com/r/UkjngVwwk4>

Or email completed form below to: nosdancing@googlemail.com

Payment online to North of Scotland Highland Dancing Championships:

Account number: 00727189

Sort code: 80-06-35

Numbers will be given out on the day at registration for each session.

Additional spectators may pay at the door on arrival by cash.

CLOSING DATE - SAT 5th October 2024

Entry Form

Name: _____ D.O.B. _____

Age on day of competition: _____ RSOBHD registration number: _____

Address: _____

Section: _____ Dances: _____

School of dancing: _____

Telephone number: _____

Email address: _____

Signature of parent/guardian: _____

Confined: NOS _____ or INV _____

Fee: _____ Date Payment Made _____