



**West Park Dancing Competition – RSOBHD BD1**  
**Saturday 26<sup>th</sup> Sep 2026**  
**Bo’ness Academy, Gauze Road, Bo’ness, EH51 9AS**



Entres by toeandheel now open- [www.toeandheel.com/enter\\_online/2026\\_westpark\\_sep.php](http://www.toeandheel.com/enter_online/2026_westpark_sep.php)

Once entered you will receive an email receipt please accept this as confirmation your entry has been successful.

Hall Capacity 800- Dancers may attend with more than one spectator.

Café Facilities and Raffle Tickets will be available on the day

<b>Session 1 - Arrival 9.10am/Start 9.30am/Approx Finish 11.30am (Premier &amp; Intermediate)</b>
---

<b>Intermediate</b>	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single age groups where possible
<b>Restricted Premier</b>	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single Age Groups 8 up to 21 plus where possible
<b>Premier</b>	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single Age Groups 8 up to 21 plus where possible

<b>Session 2 - Arrival 12pm /Start 12.30pm/Approx Finish 1.15pm (Primary)</b> <b>Approx Finish 3.30pm (Beginners &amp; Novice)</b>
---

<b>Primary</b>	P.d.b, P.d.b & Highcuts, Fling & Swords	4 years 5 years 6 years
<b>Beginners</b>	Fling, Swords, ST, Reel, Special Fling, Flora & Lilt	Single Age Groups where possible
<b>Novice</b>	Fling, Swords, ST, Reel, Special Fling, Flora & Lilt	Single Age Groups where possible

The organiser reserves the right to combine age groups if insufficient entries on the day.

**Restricted Premier Section Conditions**

Entry to the Restricted Premier Section is confined to the following categories.

- Premier Dancers who have not won an Overall Trophy with 6 or more dancers for a premier open category in 2025 or 2026. Please note a pre-championship and confined to an area are restricted categories.
- Premier Dancers who have not placed 1st, 2nd or 3rd in an Overall Championship Lineup including all Open/Closed Championships Worldwide in 2024, 2025 & 2026
- Parents/carers should inform the organiser if a dancer needs to change category once entered.
- Premier Dancers can only enter one section as these will be danced at the same time and there are 7 dances.

## **EVENT SAFETY PROTOCOLS AND VENUE REQUIREMENTS**

- This Competition is operated under the rules of the RSOBHD (Reg No BD1)
- The Adjudicators decision will be final
- Dancers are asked to arrive ready to dance – dressed and hair done. Changing facilities available for change of outfit.
- Any significant change will be notified to all participants via westpark monthly facebook and email prior to the event
- Sections will be grouped according to entries received and notified on the day we will endeavour to have as many age groups as possible.
- Age will apply on date of the Competition
- All Competitors must bring Registration Cards
- The Organiser accepts no responsibility for loss of equipment or injury.
- Dancers must observe the RSOBHD code of ethics and dress appropriately at all times
- No video or photography permitted during the event.
- Most Points & Runner up Trophies will be awarded for each age group over all dances. No Trophies will be awarded in Primary Sections
- No entry money will be refunded.
- Entries include dancer entry fee and entry for one adult per dancer and a programme.
- If you wish to bring any additional spectators please pay for these on arrival. Door entry Ticket £5.
- Adult door entry is only paid once even if you have sibling dancers in different sessions.
- Numbers will be placed on a table in the hall for collection on the day.

### **Entry Costs (this includes 1 adult entry and a programme)**

Primary: £15

Beginners, Novice, Intermediate & Premier £22.50

Entry Form Link: [www.toandheel.com/enter\\_online/2026\\_westpark\\_sep.php](http://www.toandheel.com/enter_online/2026_westpark_sep.php)

### **Contact details for any enquires**

Claire Hammell

07946439069

[westparkmonthly@hotmail.co.uk](mailto:westparkmonthly@hotmail.co.uk)