



West Park Dancing Competition – RSOBHD BD1
Saturday 28th Mar 2026
Bo'ness Academy, Gauze Road, Bo'ness, EH51 9AS



Entres by toeandheel now open- www.toeandheel.com/enter_online/2026_westpark_mar.php

Once entered you will receive an email receipt please accept this as confirmation your entry has been successful.

Hall Capacity 800- Dancers may attend with more than one spectator.

Café Facilities and Raffle Tickets will be available on the day

Session 1 - Arrival 9.10am/Start 9.30am/Approx Finish 11.30am (Premier & Intermediate)

Intermediate	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single age groups where possible
Restricted Premier	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single Age Groups 8 up to 21 plus where possible
Premier	Fling, Swords, ST, Reel, HL & BJ, Hornpipe	Single Age Groups 8 up to 21 plus where possible

Session 2 - Arrival 12pm /Start 12.30pm/Approx Finish 1.15pm (Primary) Approx Finish 3.30pm (Beginners & Novice)

Primary	P.d.b, P.d.b & Highcuts, Fling & Swords	4 years 5 years 6 years
Beginners	Fling, Swords, ST, Reel, Special Fling, Flora & Lilt	Single Age Groups where possible
Novice	Fling, Swords, ST, Reel, Special Fling, Flora & Lilt	Single Age Groups where possible

The organiser reserves the right to combine age groups if insufficient entries on the day.

Restricted Premier Section Conditions

Entry to the Restricted Premier Section is confined to the following categories.

- Premier Dancers who have not won an Overall Trophy with 6 or more dancers for a premier open category in 2025 or 2026. Please note a pre-championship and confined to an area are restricted categories.
- Premier Dancers who have not placed 1st, 2nd or 3rd in an Overall Championship Lineup including all Open/Closed Championships Worldwide in 2024, 2025 & 2026
- Parents/carers should inform the organiser if a dancer needs to change category once entered.
- Premier Dancers can only enter one section as these will be danced at the same time and there are 7 dances.

EVENT SAFETY PROTOCOLS AND VENUE REQUIREMENTS

- This Competition is operated under the rules of the RSOBHD (Reg No BD1)
- The Adjudicators decision will be final
- Dancers are asked to arrive ready to dance – dressed and hair done. Changing facilities available for change of outfit.
- Any significant change will be notified to all participants via westpark monthly facebook and email prior to the event
- Sections will be grouped according to entries received and notified on the day we will endeavour to have as many age groups as possible.
- Age will apply on date of the Competition
- All Competitors must bring Registration Cards
- The Organiser accepts no responsibility for loss of equipment or injury.
- Dancers must observe the RSOBHD code of ethics and dress appropriately at all times
- No video or photography permitted during the event.
- Most Points & Runner up Trophies will be awarded for each age group over all dances. No Trophies will be awarded in Primary Sections
- No entry money will be refunded.
- Entries include dancer entry fee and entry for one adult per dancer and a programme.
- If you wish to bring any additional spectators please pay for these on arrival. Door entry Ticket £5.
- Adult door entry is only paid once even if you have sibling dancers in different sessions.
- Numbers will be placed on a table in the hall for collection on the day.

Entry Costs (this includes 1 adult entry and a programme)

Primary: £15

Beginners, Novice, Intermediate & Premier £22.50

Entry Form Link: www.toeandheel.com/enter_online/2026_westpark_mar.php

Contact details for any enquires

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