



ASSYNT HIGHLAND GAMES
 CULAG PARK, LOCHINVER, SUTHERLAND, IV27 4LE
FRIDAY 14th AUGUST 2026

PLEASE NOTE - 1pm sharp start for ALL sections

- | | | |
|------------------------------|--------------------------------------|------------------------------------|
| A. Highland Fling (4 steps) | E. Flora MacDonald's Fancy (4 steps) | I. 16 x Pas De Basques |
| B. Sword Dance (2 + 1) | F. Scottish Lilt (4 steps) | J. Pas De Basques & High Cuts (4x) |
| C. Sean Triubhas (3 + 1) | G. Irish Jig (3 + 1) | |
| D. Highland Laddie (4 steps) | H. Sailors Hornpipe (4 steps) | |

PRIMARY	Age groups according to entry	Dances: A, B, I, J
BEGINNERS	Age groups according to entry	Dances: A, B, C, E, F
NOVICE	Age groups according to entry	Dances: A, B, C, E, F
INTERMEDIATE	Age groups according to entry	Dances: A, B, C, E, F
PREMIER	12 years & Under	Dances: A, C, D, G, H
PREMIER	13 years to 15 years	Dances: A, C, D, G, H
PREMIER	16 years & over	Dances: A, C, D, G, H

PRIZES: Medals for Primary, Beginners, Novice, Intermediate. Money Prizes for all Premier Age Groups
TROPHIES: Beginners, Novice, Intermediate – Keeper Trophy for Overall Section Winners
 Premier – Keeper Trophy for Overall Section Winners plus Annual Trophies

Assynt Games is ruled under **RSOBHD - Reg No AP6**. Judges decision is final. Age as on day of Games
 All dancers must be registered with the RSOBHD and **MUST** show their registration cards when collecting number.
 Age groups may be altered according to entries received. Hall available if bad weather conditions.
PLEASE NOTE NO CHANGING TENTS TO BE ERECTED ON SITE

Online form link: [Assynt Highland Games 2026 – Fill out form](#)
 Or postal entries to: Claire Bryce, 30 St Andrew Drive, Inverness, IV3 5AR
 Email entries to: claire.bryce@sky.com
 Pre-paid online/postal/email entries received up to Saturday 25th July at £3 per dance.
 Late entries from Sunday 26th July £4.00 per dance.

Entries may also be taken on field on the day at £4.00 per dance - details must be sent by email before the day to confirm registration card details, exact correct cash payment to be in an envelope with dancers name on it.
 Payment online to: Assynt Games Sort code: 83-24-28 Account Number: 00100401 (please use dancers name as reference) or cheque/PO made payable to Assynt Highland Games – please put dancers name on the back.

Queries to: Email: claire.bryce@sky.com Telephone: 07957 533 674

ASSYNT HIGHLAND GAMES 2026

Name _____ Age _____ Date of Birth _____

Address _____

Tel No _____ Section _____ Dances _____

Reg No _____ School of Dancing _____

Cheque/PO enclosed £ _____ OR date online payment made _____ amount £ _____